



# POMPJEEESVERBAND

## FLASH März 2024

Kolleginnen a Kollegen Pompjeeën am CGDIS,

### **Pompjeescross 2024 – Save the date**

Mir sinn frou iech kënnen matzedeelen, dass de Pompjeescross dëst Joer den 5. Oktober zu Ettelbréck stattfënnt an Zesummenaarbecht mat der Amicale Pompjeeën Ettelbréck. Weider Detailer kommen nach no.

### **Schwammmeeschterschaften 2024 zu Dikkrech**

Den 24. März 2024 fannen d'Schwammmeeschterschaften vum Pompjeesverband an der Schwemm zu Dikkrech statt.

Dëst Joer ass et nei dass d'Amicallen kee Startgeld méi müssen iwwerweisen. D'Umeldungen w.e.g. bis den 20. März un de Büro eranschécken, dir fannt se op eiser Internetsite <https://www.fnsp.lu/downloads.html> an der Kategorie Sport.

### **Postlaf 2024**

Am Anhang fannt dir nach d'Wertung vun de Pompjeeën vum Postlaf 2024, deen den 10. März zu Gasperich stattfonnt huet.

Marc MAMER  
President

Sait 1 vun 1



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3, blvd. De Kockelscheuer  
L-1821 Lëtzebuerg

# 26. POSTLAF 2024

## Zieleinlaufliste

Pom	MW	m/w	Name	Vorna	Nat.	PI	AK	Start	Verein	Brutto	Netto
10 km Postlaf											
1	1.	M	Speller	Vic	LUX	1.	M30	1943	CGDIS	00:39:48	00:39:38
2	2.	M	LIPPERTS	Yves	LUX	1.	M45	1517	CIS Wincrange	00:40:49	00:40:42
3	3.	M	GONCALVES DE	Paulo	LUX	1.	M50	2907	CGDIS - CIS Moutfort	00:41:19	00:41:14
4	4.	M	Souza	Caio	LUX	1.	M35	2078	CGDIS	00:42:09	00:41:13
5	5.	M	OLSEM	Paul	LUX	2.	M30	2908	CGDIS - CIS	00:44:13	00:44:06
6	6.	M	CECCON	Steve	LUX	2.	M50	1532	CGDIS	00:44:18	00:44:05
7	7.	M	Mayer	Yannic	LUX	3.	M30	1898	CGDIS	00:44:36	00:44:26
8	8.	M	SAUVEUR	René	LUX	1.	M40	1521	CIS	00:44:58	00:44:51
9	9.	M	Alain	Pauly	LUX	1.	M55	1439	CIS RUMELANGE	00:45:41	00:45:36
10	1.	W	JUCHEMS	Sarah	LUX	1.	W30	1514	CIS Junglinster	00:46:14	00:46:02
11	10.	M	KREUTZ	David	LUX	1.	MHK	1519	CIS Wincrange	00:47:03	00:46:29
12	11.	M	Reis	Chris	LUX	2.	MHK	1546	CGDIS	00:48:39	00:47:42
13	12.	M	WEYLAND	Johny	LUX	1.	M60	1518	CIS Wincrange	00:48:41	00:47:48
14	13.	M	Hoffmann	Tom	LUX	2.	M35	1544	CGDIS	00:49:22	00:48:51
15	14.	M	Wester	Pol	LUX	3.	M35	2220	CGDIS	00:49:40	00:48:49
16	15.	M	Hentges	Charel	LUX	3.	MHK	1529	CGDIS	00:51:22	00:50:45
17	16.	M	KEISER	Felix	LUX	4.	M30	2909	CGDIS - CIS Lac	00:51:53	00:50:07
18	2.	W	Heintz	Lynn	LUX	2.	W30	1542	CGDIS	00:51:56	00:51:17
19	3.	W	Damy	Corinne	LUX	3.	W30	1528	CGDIS	00:52:05	00:51:09
20	17.	M	DA SILVA	Luis	LUX	5.	M30	1543	CGDIS	00:52:31	00:51:53
21	18.	M	Stephane	Stiefer	LUX	6.	M30	1526	CGDIS	00:53:15	00:51:35
22	19.	M	BAULER	Jeff	LUX	4.	MHK	1512	CIS Junglinster	00:53:37	00:53:06
23	20.	M	Michele	Puglies	LUX	5.	MHK	1545	CGDIS	00:55:28	00:55:08
24	21.	M	Nassim	Errami	LUX	6.	MHK	1525	CGDIS	00:55:35	00:53:48
25	22.	M	Morais	Yann	LUX	7.	MHK	2124	CGDIS	00:55:41	00:53:58
26	4.	W	Fleischer	Ingrid	DEU	1.	W45	1524	CGDIS	00:56:14	00:55:54
27	23.	M	Vilar	Guilher	LUX	7.	M30	1539	CGDIS	00:56:30	00:55:34
28	5.	W	KINTZLE	Maryse	LUX	1.	W40	2913	CGDIS - CISRA	00:57:06	00:55:20
29	24.	M	Entringer	Jeff	LUX	4.	M35	1549	CGDIS	00:57:11	00:56:33
30	25.	M	Cardoso Pechon	Logan	LUX	1.	MU23	1540	CGDIS	00:57:15	00:55:49
31	6.	W	Jungen	Nathali	LUX	2.	W40	1527	CGDIS	00:57:48	00:56:52
32	26.	M	Heyard	Steve	LUX	5.	M35	1538	CGDIS	00:58:08	00:56:47
33	27.	M	BARROS	Francis	LUX	8.	MHK	1511	CIS Junglinster	00:59:06	00:58:12
34	28.	M	Kinn	Benjam	LUX	9.	MHK	908	CGDIS	00:59:31	00:58:26
35	29.	M	KANSTEIN	Jan	LUX	2.	M40	1510	CIS Junglinster	01:00:13	00:59:20
36	30.	M	BERETTA	Alex	LUX	2.	MU23	1547	CGDIS	01:00:44	00:59:18
37	31.	M	Picquoin	Laurent	LUX	6.	M35	1801	CGDIS	01:00:44	00:59:19
38	32.	M	Erpelding	Felix	LUX	8.	M30	1553	CGDIS	01:00:59	00:59:22
39	33.	M	MILLIM	Kelly	LUX	9.	M30	1513	CIS Junglinster	01:01:07	01:00:45
40	34.	M	VESQUE	Yves	LUX	3.	M40	1551	CGDIS	01:01:23	01:00:49
41	7.	W	GIERENS	Lynn	LUX	1.	WHK	1515	CIS Junglinster	01:02:13	01:01:42
42	35.	M	Achen	Christo	LUX	10.	MHK	2004	CGDIS	01:02:22	01:01:46
43	36.	M	Pott	Thierry	LUX	7.	M35	1536	CGDIS	01:02:37	01:00:46
44	37.	M	THILL	Pol	LUX	11.	MHK	2910	CGDIS - CISRA	01:03:17	01:01:25

## 26. POSTLAF 2024

### Zieleinlaufliste

Pom	MW	m/w	Name	Vorna	Nat.	PI	AK	Start	Verein	Brutto	Netto
45	38.	M	BIWER	Alain	LUX	8.	M35	1509	CIS Junglinster	01:03:22	01:02:27
46	39.	M	Hessenmüller	Andrés	LUX	4.	M40	1523	CGDIS	01:03:24	01:01:40
47	40.	M	Jerry	PEFFE	LUX	5.	M40	1910	CGDIS	01:03:48	01:02:25
48	41.	M	GOERGEN	Roby	LUX	2.	M55	1552	CGDIS	01:05:48	01:04:11
49	42.	M	Yann	Walenti	LUX	6.	M40	1548	CGDIS	01:06:29	01:05:48
50	43.	M	Mousel	Henri	LUX	1.	M65	642	CGDIS	01:06:53	01:06:13
51	44.	M	Diedenhofen	Max	LUX	12.	MHK	1534	CGDIS	01:07:00	01:05:30
52	45.	M	Petes	Max	LUX	3.	MU23	1926	CGDIS	01:08:12	01:07:32
53	8.	W	THILL	Léini	LUX	1.	WU23	2911	CGDIS - CISRA	01:08:26	01:06:35
54	46.	M	Back	Joé	LUX	4.	MU23	1541	CGDIS	01:14:22	01:12:54
55	9.	W	Gilbertz	Anouk	LUX	4.	W30	1537	CGDIS	01:16:06	01:15:41
56	10.	W	Lotoll	Esra	LUX	2.	WHK	1550	CGDIS	01:23:50	01:22:22
57	11.	W	Atten	Julie	LUX	2.	WU23	1531	CGDIS	01:23:51	01:23:26

Anzahl Teilnehmer: 57